

Dive #	Dive Description	C	B	A	D
FORWARD CATEGORY					
101	Forward Dive	1.2	1.3	1.4	---
102	Forward 1 SS	1.4	1.5	1.6	---
103	Forward 1 ½ SS	1.6	1.7	2.0	---
104	Forward 2 SS	2.2	2.3	2.6	---
105	Forward 2 ½ SS	2.4	2.6	---	---
106	Forward 3 SS	2.9	3.2	---	---
107	Forward 3 ½ SS	3.0	3.3	---	---
112	Forward Flying 1 SS	1.6	1.7	---	---
113	Forward Flying 1 ½ SS	1.8	1.9	---	---

BACK CATEGORY					
201	Back Dive	1.5	1.6	1.7	---
202	Back 1 SS	1.5	1.6	1.7	---
203	Back 1 ½ SS	2.0	2.3	2.5	---
204	Back 2 SS	2.2	2.5	---	---
205	Back 2 ½ SS	3.0	3.2	---	---
212	Back Flying 1 SS	1.6	1.7	---	---

REVERSE CATEGORY					
301	Reverse Dive	1.6	1.7	1.8	---
302	Reverse 1 SS	1.6	1.7	1.8	---
303	Reverse 1 ½ SS	2.1	2.4	2.7	---
304	Reverse 2 SS	2.3	2.6	2.9	---
305	Reverse 2 ½ SS	3.0	3.2	---	---
312	Reverse Flying 1 SS	1.7	1.8	---	---

INWARD CATEGORY					
401	Inward Dive	1.4	1.5	1.8	---
402	Inward 1 SS	1.6	1.7	2.0	---
403	Inward 1 ½ SS	2.2	2.4	---	---
404	Inward 2 SS	2.8	3.0	---	---
405	Inward 2 ½ SS	3.1	3.4	---	---
412	Inward Flying 1 SS	2.0	2.1	---	---
413	Inward Flying 1 ½ SS	2.7	2.9	---	---

Dive #	Dive Description	C	B	A	D
TWIST CATEGORY					
5111	Forward Dive, ½ Twist	1.6	1.7	1.8	---
5112	Forward Dive, 1 Twist	---	1.9	2.0	---
5121	Forward 1 SS, ½ Twist	---	---	---	1.7
5122	Forward 1 SS, 1 Twist	---	---	---	1.9
5124	Forward 1 SS, 2 Twists	---	---	---	2.3
5126	Forward 1 SS, 3 Twists	---	---	---	2.8
5131	Forward 1 ½ SS, ½ Twist	---	---	---	2.0
5132	Forward 1 ½ SS, 1 Twist	---	---	---	2.2
5134	Forward 1 ½ SS, 2 Twists	---	---	---	2.6
5136	Forward 1 ½ SS, 3 Twists	---	---	---	3.1
5152	Forward 2 ½ SS, 1 Twist	3.0	3.2	---	---
5211	Back Dive, ½ Twist	---	---	1.8	---
5212	Back Dive, 1 Twist	---	---	2.0	---
5221	Back 1 SS, ½ Twist	---	---	---	1.7
5222	Back 1 SS, 1 Twist	---	---	---	1.9
5223	Back 1 SS, 1 ½ Twists	---	---	---	2.3
5225	Back 1 SS, 2 ½ Twists	---	---	---	2.7
5227	Back 1 SS, 3 ½ Twists	---	---	---	3.2
5231	Back 1 ½ SS, ½ Twist	---	---	---	2.1
5233	Back 1 ½ SS, 1 ½ Twists	---	---	---	2.5
5235	Back 1 ½ SS, 2 ½ Twists	---	---	---	2.9
5251	Back 2 ½ SS, ½ Twist	2.7	2.9	---	---
5311	Reverse Dive, ½ Twist	---	---	1.9	---
5312	Reverse Dive, 1 Twist	---	---	2.1	---
5321	Reverse 1 SS, ½ Twist	---	---	---	1.8
5322	Reverse 1 SS, 1 Twist	---	---	---	2.0
5323	Reverse 1 SS, 1 ½ Twists	---	---	---	2.4
5325	Reverse 1 SS, 2 ½ Twists	---	---	---	2.8
5331	Reverse 1 ½ SS, ½ Twist	---	---	---	2.2
5333	Reverse 1 ½ SS, 1 ½ Twists	---	---	---	2.6
5335	Reverse 1 ½ SS, 2 ½ Twists	---	---	---	3.0
5351	Reverse 2 ½ SS, ½ Twist	2.7	2.9	---	---
5411	Inward Dive, ½ Twist	---	1.7	2.0	---
5412	Inward Dive, 1 Twist	---	1.9	2.2	---
5421	Inward 1 SS, ½ Twist	---	---	---	1.9
5422	Inward 1 SS, 1 Twist	---	---	---	2.1
5432	Inward 1 ½ SS, 1 Twist	---	---	---	2.7
5434	Inward 1 ½ SS, 2 Twists	---	---	---	3.1

A - Straight, B - Pike, C - Tuck, D - Free

Date	Diving Order	Final Score	Final Place	M	W	1m	3m	Tower	Age	Grade	Group
Diver				Team							
Meet				Coach							
Event				OFFICIAL NFHS DIVING SCORESHEET							

Rnd	Dive # DD Description	JUDGES SCORES									Net Total								
		1	2	3	4	5	6	7	8	9									
1																			
2																			
3																			
4																			
5																			
6																			

Diver Signature

Referee Signature

Coach Signature

Meet Director Signature